

BBA 76638

## THE INFLUENCE OF THE EXTRACELLULAR COUNTER-ION ON THE SODIUM-DEPENDENT, OUABAIN-UNINHIBITED SODIUM EFFLUX FROM HUMAN ERYTHROCYTES

M. J. DUNN and R. GRANT

*Department of Medicine, Nephrology Unit, University of Vermont College of Medicine, Burlington, Vt. 05401 (U.S.A.)*

(Received December 27th, 1973)

### SUMMARY

1. Progressive reductions of extracellular  $\text{Na}^+$  ( $\text{Na}_0^+$ ) reduced radioisotopic  $\text{Na}^+$  efflux from human erythrocytes in the presence of ouabain. Nine different counter-ions were used to replace  $\text{Na}_0^+$  and the results were qualitatively similar.

2. Ethacrynic acid always inhibited less  $\text{Na}^+$  efflux in low  $\text{Na}_0^+$  solutions than in 135 mM  $\text{Na}_0^+$  solutions regardless of the counter-ion which replaced  $\text{Na}_0^+$ .

3.  $\text{Na}^+$  efflux was stimulated in zero  $\text{Na}_0^+$ , ouabain solutions if sucrose served as the counter-solute; ethacrynic acid eliminated this effect.

4. We conclude that the reduction of ouabain-uninhibited  $\text{Na}^+$  efflux as  $\text{Na}_0^+$  is reduced from 135 mM to zero is truly the result of removal of  $\text{Na}_0^+$  and not an inhibitory effect of the counter-ion used to preserve isosmolarity. Furthermore, this  $\text{Na}_0^+$ -dependent  $\text{Na}^+$  efflux is practically eliminated by ethacrynic acid.

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### INTRODUCTION

There is general agreement that the ouabain-inhibited  $\text{Na}^+$  efflux in human erythrocytes is an active process capable of net  $\text{Na}^+$  transport and is dependent upon ATP for energy. However, substantial disagreement exists over the ouabain-uninhibited  $\text{Na}^+$  efflux. This portion of  $\text{Na}^+$  efflux has been attributed to a second pump [1,2], exchange diffusion [3–6], or a co-transport system [7]. Most workers have shown that ouabain-uninhibited  $\text{Na}^+$  efflux is stimulated by extracellular  $\text{Na}^+$  ( $\text{Na}_0^+$ ) and a variety of counter-ions have been employed to replace  $\text{Na}_0^+$  in these studies (chloride salts of  $\text{Mg}^{2+}$ ,  $\text{Ca}^{2+}$ ,  $\text{Rb}^+$ ,  $\text{Ca}^+$ ,  $\text{K}^+$ ,  $\text{Li}^+$  and  $\text{Tris}^+$ ) [1–3,6]. Results with choline [1,8] and tetraethylammonium chlorides [1] were different in that no  $\text{Na}_0^+$ -stimulated, ouabain-uninhibited  $\text{Na}^+$  efflux was observed when choline $^+$  or tetraethylammonium $^+$  replaced  $\text{Na}_0^+$ . Rettori and Lenoir [9] have recently concluded that  $\text{Mg}^{2+}$  and  $\text{K}^+$ , used as counter-ions to replace  $\text{Na}_0^+$ , inhibit a second  $\text{Na}^+$  efflux pump. They contend that the decrement of  $\text{Na}^+$  efflux after replacement of  $\text{Na}_0^+$  with  $\text{MgCl}_2$  or  $\text{KCl}$  was not the result of removal of the  $\text{Na}^+$ , but rather the inhibitory effects of the counter-ion on the  $\text{Na}^+$  efflux mechanism. Because of these con-

flicting opinions, we conducted the experiments reported herein which systematically examined the interactions between nine different counter-ions as well as sucrose,  $\text{Na}_0^+$  and ouabain-uninhibited  $\text{Na}^+$  efflux in human erythrocytes. The results support our previous conclusion that ouabain-uninhibited  $\text{Na}^+$  efflux is stimulated by  $\text{Na}_0^+$  and this stimulation was observed to varying degrees with every counter-ion tested.

## METHODS

All experiments utilized fresh human red cells from normal volunteers. Measurement of intracellular  $\text{Na}^+$  and determination of  $^{22}\text{Na}^+$  efflux have been described previously [4, 10]. High sodium flux solutions contained: 135 mM NaCl; 5.0 mM KCl; glycylglycine- $\text{MgCO}_3$  buffer, pH 7.4 at 37 °C, 27 and 4.4 mM, respectively; 10 mM glucose and 0.1 g/100 ml albumin. When extracellular  $\text{Na}^+$  was varied, 295 milliosmolar solutions of the chloride salts of the cation to be considered were substituted accordingly for the NaCl. Ouabain was added as a water concentrate and ethacrynic acid was added as the dry powder. Ouabain was always present in a concentration of  $10^{-4}$  M and all ethacrynic acid concentrations were  $10^{-3}$  M.

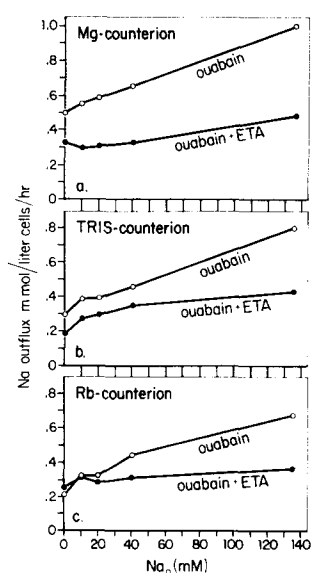


Fig. 1. The effects on erythrocyte  $\text{Na}^+$  efflux of replacing extracellular  $\text{Na}^+$  ( $\text{Na}_0^+$ ) with chloride salts of  $\text{Mg}^{2+}$ ,  $\text{Tris}^+$  and  $\text{Rb}^+$ . Isosmolarity (295 mosM) was preserved at all times. The concentrations of ouabain and ethacrynic acid were 0.1 and 1.0 mM, respectively. The data are from individual experiments. The flux solution is described in the Methods section. ETA, ethacrynic acid.

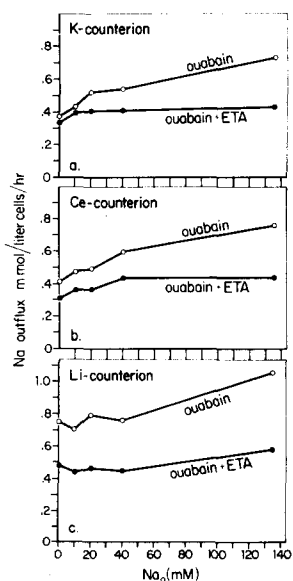


Fig. 2. The effects on erythrocyte  $\text{Na}^+$  efflux of replacing  $\text{Na}_0^+$  with the chlorides of  $\text{K}^+$ ,  $\text{Ce}^+$  and  $\text{Li}^+$ . The basic experimental design was identical to Fig. 1 except that  $\text{K}^+$ ,  $\text{Ce}^+$  and  $\text{Li}^+$  were used as counter-ions to replace  $\text{Na}_0^+$ . The data are from individual experiments except for  $\text{Li}^+$  ( $n = 2$ ). ETA, ethacrynic acid.

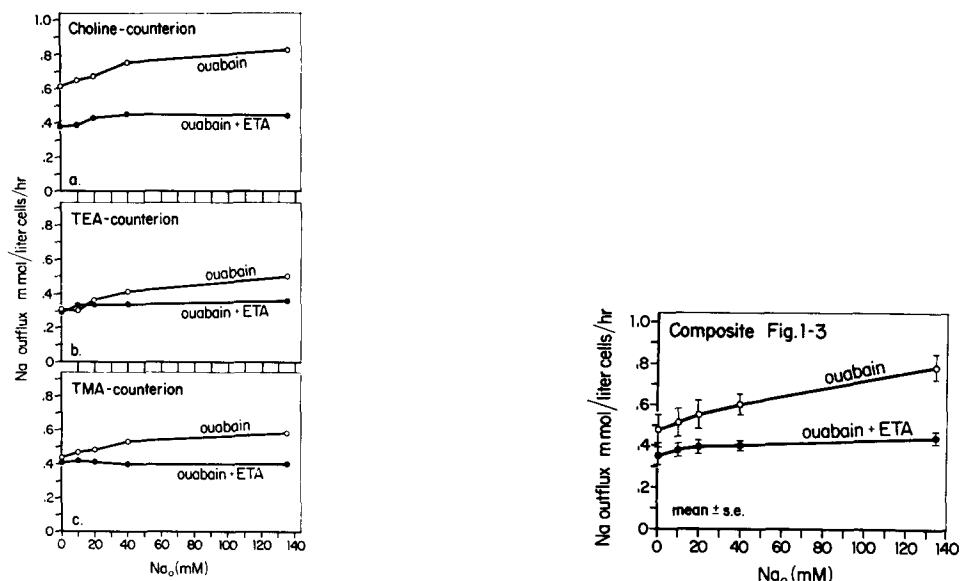


Fig. 3. The effects on erythrocyte  $Na^+$  efflux of replacing  $Na_0^+$  with the chlorides of choline $^+$ , tetraethylammonium $^+$  and tetramethylammonium $^+$ . These experiments were identical to those of Figs 1 and 2 except for the use of choline $^+$ , tetraethylammonium $^+$  and tetramethylammonium $^+$  as counter-ions to replace  $Na_0^+$ . The plots are from individual studies except for choline ( $n = 2$ ). TEA, tetraethylammonium $^+$ ; TMA, tetramethylammonium $^+$ .

Fig. 4. Summary of counter-ions experiments. This is a composite drawing of the data from the eleven individual experiments using nine different counter-ions shown in Figs 1-3. ETA, ethacrynic acid.

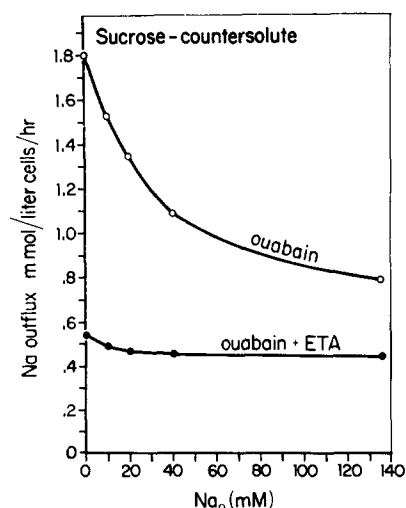


Fig. 5. The effects of extracellular sucrose on  $Na^+$  efflux. Isosmolar sucrose (295 mosM) substituted for  $Na_0^+$  in two experiments. Ethacrynic acid inhibited the increase of  $Na^+$  efflux when sucrose totally replaced  $Na_0^+$  in ouabain solutions. ETA, ethacrynic acid.

## RESULTS

Figs 1–5 depict the results. The data for a given counter-ion are grouped arbitrarily on the basis of the magnitude of the  $\text{Na}_0^+$ -dependent  $\text{Na}^+$  efflux in the presence of ouabain. In every experiment as  $\text{Na}_0^+$  decreased, the concentration of the counter-ion increased reciprocally to preserve isosmolality. Regardless of the counter-ion studied,  $\text{Na}^+$  efflux diminished in ouabain solutions as  $\text{Na}_0^+$  decreased from 135 mM to zero. This  $\text{Na}_0^+$  dependent efflux varied in its magnitude with the different counter ions in the following descending relationship:  $\text{Mg}^{2+} > \text{Tris}^+, \text{Rb}^+ > \text{K}^+, \text{Ce}^+, \text{Li}^+ > \text{choline}^+ > \text{tetraethylammonium}^+, \text{tetramethylammonium}^+$ . Fig. 4 is a composite drawing of the eleven individual experiments with the nine counter-ions shown in Figs 1–3. The complete removal of  $\text{Na}_0^+$  in the presence of ouabain reduced  $\text{Na}^+$  efflux to the same extent as the addition of ethacrynic acid in solutions with  $\text{Na}_0^+ = 135$  mM. In addition the  $\text{Na}_0^+$ -dependent flux was practically eliminated in solutions of ouabain and ethacrynic acid. The results in the two experiments with sucrose differed from those with the counter-ions because replacement of  $\text{Na}_0^+$  with sucrose diminishes the ionic strength of the solutions and thereby changes membrane potential difference [11]. In the sucrose experiments, ouabain-uninhibited  $\text{Na}^+$  efflux more than doubled as  $\text{Na}_0^+$  was replaced by sucrose and this increment was abolished by ethacrynic acid (Fig. 5). The effects of ethacrynic acid were studied with the other counter-ions since ethacrynic acid has been reported to inhibit the  $\text{Na}_0^+$ -dependent, ouabain-uninhibited  $\text{Na}^+$  efflux if  $\text{Mg}^{2+}$  is the extracellular counter-ion [1, 3, 4]. Two points should be made about the results with ethacrynic acid. First, ethacrynic acid substantially diminished or completely inhibited the  $\text{Na}^+$  stimulation of  $\text{Na}^+$  efflux in ouabain solutions regardless of the counter-ion. Second, the effects of ethacrynic acid when  $\text{Na}_0^+$  was zero depended upon the counter-ion used to replace  $\text{Na}_0^+$ . Ethacrynic acid inhibited 0.1 mmole or less of  $\text{Na}^+$  efflux in zero  $\text{Na}_0^+$  solutions if the counter-ion was tetramethylammonium<sup>+</sup>, tetraethylammonium<sup>+</sup>,  $\text{K}^+$ ,  $\text{Rb}^+$ ,  $\text{Ce}^+$  or  $\text{Tris}^+$ . Ethacrynic acid reduced  $\text{Na}^+$  efflux from 0.15 to 0.3 mmoles at zero  $\text{Na}_0^+$  if the counter-ion was  $\text{Mg}^{2+}$ ,  $\text{Li}^+$  or  $\text{choline}^+$ . In sucrose solutions with zero  $\text{Na}_0^+$ , the ethacrynic acid-inhibited  $\text{Na}^+$  efflux increased 4-fold when compared with 135 mM  $\text{Na}_0^+$  solutions.

## DISCUSSION

These experiments were designed to examine the relationship between  $\text{Na}_0^+$  and ouabain-uninhibited  $\text{Na}^+$  efflux. Nine different counter-ions and one counter-solute were used to replace  $\text{Na}_0^+$  in order to examine the possibility that a decrement of  $\text{Na}^+$  efflux may be due to the positive (inhibitory) influence of the counter-ion chosen rather than to the reduction or elimination of  $\text{Na}_0^+$ . Since the effect of decreasing  $\text{Na}_0^+$  was qualitatively similar for all the counter-ions used to substitute for  $\text{Na}_0^+$ , we conclude that the concentration of  $\text{Na}_0^+$  was the important variable. Rettori and Lenoir [9] concluded differently and stated that  $\text{Mg}^{2+}$  and  $\text{K}^+$  inhibited  $\text{Na}^+$  efflux if they substituted for  $\text{Na}_0^+$ . These authors reported, in agreement with others [1, 8], that when  $\text{choline}^+$  replaced  $\text{Na}_0^+$ , there was no decrement of ouabain-uninhibited  $\text{Na}^+$  efflux. Our results with  $\text{choline}^+$  differ since we observed small but sequential decrements of  $\text{Na}^+$  efflux as  $\text{choline}^+$  replaced  $\text{Na}_0^+$  in ouabain solutions.

Sachs [2] has found a similar decrement of  $\text{Na}^+$  efflux (0.3 mmoles) if  $\text{Na}_0^+$  was totally replaced by choline chloride.

Under all conditions ethacrynic acid reduced substantially or eliminated this  $\text{Na}_0^+$ -stimulated, ouabain-uninhibited  $\text{Na}^+$  efflux. This suggests but does not prove, that the ethacrynic acid-inhibited  $\text{Na}^+$  efflux and the  $\text{Na}_0^+$ -stimulated  $\text{Na}^+$  efflux were identical. If ethacrynic acid did not inhibit any  $\text{Na}^+$  efflux when  $\text{Na}_0^+$  was zero regardless of the counter-ion, then the identity of the two fluxes would be more certain. With four of the counter-ions ( $\text{K}^+$ ,  $\text{Rb}^+$ , tetraethylammonium $^+$  and tetramethylammonium $^+$ ) ethacrynic acid had no discernible effects on  $\text{Na}^+$  efflux in  $\text{Na}^+$ -free solutions. If  $\text{Mg}^{2+}$ ,  $\text{Li}^+$  or choline $^+$  replaced  $\text{Na}_0^+$  then ethacrynic acid inhibited 0.15–0.30 mmoles of  $\text{Na}^+$  efflux in ouabain solutions. The explanation for these different results is not apparent.

The results of the two experiments utilizing sucrose to preserve isosmolality (Fig. 5) show the expected stimulation of  $\text{Na}^+$  efflux as extracellular ionic strength is reduced. Donlon and Rothstein [11] have shown that the potential difference across the membrane and the membrane permeability increase under these circumstances. Since ethacrynic acid almost eliminated this phenomenon, it is possible the drug prevented the potential difference and permeability changes although inhibition of a carrier-mediated process cannot be excluded.

These experiments show that removal of  $\text{Na}_0^+$ , regardless of the counter-ion used to preserve isosmolality, reduces  $\text{Na}^+$  efflux from human erythrocytes. This reduction of  $\text{Na}^+$  efflux cannot be attributed to an inhibitory action of the counter-ion since nine different cations could be used with qualitatively similar results. We prefer the interpretation based upon our previous work that the ouabain-uninhibited,  $\text{Na}_0^+$ -stimulated  $\text{Na}^+$  efflux is  $\text{Na}^+$  exchange diffusion [4–6].

#### ACKNOWLEDGEMENT

This work was supported by the United States Public Health Service Grant AM 14264 and by an unrestricted grant from the Markle Foundation. The secretarial assistance of Jennifer Pastore was invaluable.

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